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for you

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Find a christian counsellor or coach online.

Abound for you is aifo's digital platform designed to make counselling and coaching accessible and secure for all. At about you'll find a directory of accredited counsellors and coaches suited to a range of needs. Simply search for someone to talk to, book an appointment and pay online.



Wherever you are

See your Counsellor or Coach face-to-face or online when you need to.



Find the right fit

Browse our directory to find the right Counsellor or Coach to suit your needs.



Accredited

All Counsellors / Coaches on our platform are accredited practitioners.



Easy to use

Easily set up your device with our secure video conferencing tool.



Counselling and coaching

Access Counselling and Coaching for individuals, couples and families.



Search our counsellor and coach directory today to find the right match for you.
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